

Serial No:10/628351  
Docket No: 05-01002

## AMENDMENT IN THE SPECIFICATION

On page 6, line 16:

The upper 14 is formed of a stretchable material, such as spandex. In the preferred embodiment, the upper 14 is glued to the perimeter of the outer sole 12 but could be attached by stitching the upper 14 and the outer sole 12 together, or by a combination of the two methods.

Support for the amendment is found in the specification, page 4, line 6 and in the drawings, Figures 1, 2 and 4.

On page 6, line 19:

The upper 14 is of a continuous strip of stretchable material that is capable of stretching to conform to the shape of a lower exterior portion of the athletic shoe 22 and providing a snug fit between the walking sole 10 and the athletic shoe 22.

Support for the amendment is found in the specification, page 4, line 7 and in the drawings, Figures 1, 2, 3 and 4.